Tummy Tuck Surgery in Ahmedabad: A Complete Guide to Abdominoplasty

Types of Tummy Tuck
Every body is unique and so is every tummy tuck at MILA. Our experts personalize the procedure based on your anatomy and goals to ensure beautiful, balanced results.
Mini Tummy Tuck
Targets mild lower abdominal looseness below the navel with minimal downtime. This technique is ideal for subtle tightening.
Full Tummy Tuck
Addresses both upper and lower abdominal areas, tightening muscles and removing excess skin for a complete, sculpted transformation.
Extended Tummy Tuck
For individuals with significant skin laxity or post-weight-loss changes, this refines the abdomen, waistline, and lower back for balanced definition.

tummy tuck surgery in ahmedabad, clinically known as abdominoplasty, is a transformational procedure designed to flatten the abdomen by removing excess skin and fat while repairing weakened or separated abdominal muscles. Factors like pregnancy, significant weight fluctuations, aging, or genetics can cause stubborn abdominal laxity that diet and targeted exercise cannot fix.

Who Benefits from a Tummy Tuck?

A tummy tuck is ideal for individuals who experience:

- Loose, sagging skin around the lower or mid-abdomen.
- Stretched or separated core muscles (diastasis recti).
- Persistent fat deposits resistant to lifestyle changes.

The Surgical Technique & Recovery

During the surgery, an incision is made horizontally across the lower abdomen, hidden discreetly along the bikini line. The surgeon tightens the underlying abdominal muscles like a corset and

drapes the remaining skin smoothly over the area. Recovery involves a few weeks of rest and wearing a supportive compression garment to ensure optimal healing and contoured results.